

ELFINDALE

RETIREMENT COMMUNITY

Elfindale

Volume 4 | Number 3 | May/June 2013

**"Dignity
in Life"**

Quality Life

Quality Care

**Excellent
Teams**

**Outstanding
Facilities**

**Quality
Reputation**

Stewardship

Excellence in Living Creekside and The Manor at Elfindale

Creekside Resident Spotlight Shines on... Beverly Baright

Beverly Baright began her life's journey on October 21, 1932 in a small farm community in northern Iowa. She was born with a love of learning and a curiosity far beyond her years. Just like the little lamb in a popular nursery rhyme, Beverly also followed someone to school...and it was against the rules. She was only four and was determined to follow her older sister to school, which she did repeatedly. After a discussion between teacher and family it was decided that Beverly was welcome to stay and observe. Thus began her formal education, but life lessons and learning continue to this very day.

Some of Beverly's fondest memories of childhood were spent wading in the clear spring waters of Squaw Creek. She was attracted to the wondrous sights and sounds of nature. A kinship if you will of mind and spirit. She found peace and comfort among the wild violets and lavender that grew near the stream. Learning to navigate the waters of life started early for Beverly, as I listened to her story I began to notice a pattern....water...calm waters of a lake, lively waters of a stream...strong and sometimes tumultuous water of the ocean... a theme that repeated itself....again and again.

Beverly graduated as Valedictorian of her high school. She went on to become a Nurse's Aide. Her thirst for knowledge and natural curiosity placed her in the right place at the right time. She was chosen to watch and assist a general surgeon, something almost unheard of, especially for a young girl who was not even in Nursing School. Beverly met her soon to be husband at Iowa University. To that union four children were born. The family left Iowa

and headed west towards the ocean. Beverly put her time and energies into being a stay at home mom. In her early 50's she became restless and began working in a Substance Abuse Clinic in Los Angeles. She started in the office, but found her true calling to be counseling. She was drawn to it like a moth to a flame. Reaching out and helping others through a rough spot seemed to be a calling for Beverly. A ten year career with the California Highway Patrol brought Beverly to eventual retirement.

Arrowhead Lake....Running Springs...Desert Hot Springs...all places where Beverly rested her head for a while....see the pattern? Water Water everywhereA friend brought Beverly to Lebanon, Missouri (here we go again... a town known for its magnetic water.) In the town of the healing waters Beverly found just that....a healing of body, mind and spirit. Thus began another journey that would find Beverly again at the creek. When asked what attracted her to our campus Beverly smiled and said "Nature, the beautiful campus and of course the creek." She then added "when I toured the campus, I thought, I'm home." When asked if she had any words of advice Beverly said "Be thankful for the blessings...they don't stop coming... maybe we just stop noticing." She added "Learn to relax and appreciate. Lay in God's arms, sit in his lap, just relax." Great advice maybe we should join her "Creekside."



Creekside Celebrates National Puppy Day

Creekside residents celebrated National Puppy Day with an active litter of seven puppies. The day was filled with plenty of cute pooches and puppy smooches. Special thanks to Matt and Marissa Lippelman, (puppy providers) Jack and Kim Morelock with Truffles, Josie and Brian Gallinger with Joey, and Denice Gage with Boomer.



April Showers Bring May Flowers!

Creekside at Elfindale brought the flowers in early this year with a fun planting experience with Oxford Healthcare. The residents displayed their artistic talent earlier in the month by painting a ceramic rain boot planter. Let's all give this winter weather the "boot" and bring on the May flowers.



Spring Tea and Fashion Show

On April 26, Creekside hosted its Spring Tea and Fashion Show. Creekside residents, their family and friends filled the dining room to see the spring fashions provided by Coldwater Creek. Ethan Forhetz, News Anchor for KY3, was our MC for the show.



The models were employees, residents and daughters of residents. A BIG Thank You to Doris Herd, Helen Case, Lola Shannon, Kay Haun, daughter of Betty Turley, Ginny Broeder, Bonnie Pusateri, Carla Brock, daughter of Anna Beth Brock, Kim Morelock Life Enrichment Coordinator and Denice Gage PR Coordinator. The ladies were escorted by Eric Wallace dietary team member, Chef Kevin Connaughton, and Billy Petrie maintenance team member, who were dressed in Tuxedos provided by Karl's Tuxedos.

Ruby Sipper, Iron Goddess of Mercy, Genesis and Fiji were the four blends of tea for the guest to taste. The menu was created by Creekside Executive Chef Jamie McGuigan and prepared by the Dietary team. Savory hors d'oeuvres such as, mini Quiche



filled, Spaniko Pita, Bacon wrapped Scallops, Chipotle and Apricot glazed meatballs. Pecan Tassies, Lemon Curd Tartlets and Petit Fors were served butler style by dietary team members, Erika, Chris, Amy, Lisa and Chris.



Butterflies Take Flight at Creekside



Residents put their wishes, worries and wondering on the wings of some Painted Ladies, Thursday May 16, 2013. A memorial service in honor of residents, who had passed over the last year, was held in the Activity Room at the Lodge at Creekside at Elfindale. Service was provided by Chaplain Kevin Rusenstrom from



Access Hospice. Jim Kendrick provided comfort through story and song and Kim Morelock read a poem in memory of our friends and family. A special thank you to Reta Cagle, Resident Coordinator and Access Hospice for providing the beautiful butterflies for the service.



Creekside Volunteer Appreciation Lunch

*R*ETURNING THE FAVOR: Helping Hearts and Hands were honored at Creekside Volunteer Luncheon April 19, 2013 at the Club House. The theme of the



luncheon was "You Light Up My Life" complete with lighthouse decorations and seafood fare.

Creekside Employees of the Month

Congratulations to Casey Reed, Dietary, March Employee of the month, and Denice Gage, Public Relations Coordinator, April Employee of the Month



Young and Young at Heart

*Y*oung and Young at Heart teamed up for a night of music and movement at the Lodge at Creekside at Elfindale on April 3, 2013. Kinder Movement to Music put on quite the show with instruments and antics to match.



Residents Decorating Hats for Kentucky Derby Day



Creekside Activity Highlights

JUNE

- 7 7:00 – Springfield Cardinals Game
- 9 1:45 – Little Theatre- “Legally Blonde”
- 11 1:00 – Route 66 Museum Tour
- 12 2:45 – “Old Wives Tales That Work”
- 13 10:15 – Singing with Jim Kendrick
- 14 10:30 – Father’s Day Coffee and Donuts
1:30 – Tour Missouri Sports Hall of Fame

- 19 4:30 – Dinner Club at Flame
- 20 5:00 – “Crazy Ladies” Night at Firehouse Pottery
- 26 10:30 – Red Hat Luncheon at Red Robin
- 27 9:45 – Craft/Making Butter and Stained Glass Toast
- 27 3:00 – Art with Lori

Creekside Calendar

RESIDENT BIRTHDAYS — MAY

- 2 Virginia Miller #30
- 6 Wilma Cook #226
- 6 Mary Brott #110
- 7 Mary Roberts #34
- 10 Ann Leihy R 2A
- 10 Stella Daniel V 1A
- 11 Gil Bartelt #29
- 15 Joan Moore G
- 16 Virginia Salvog #230
- 21 Tom Lewis R 12A
- 22 Jo Graham F
- 22 Nova Babb #210
- 25 Marion Rippee R 4A

RESIDENT BIRTHDAYS — JUNE

- 2 Wilma West #124

- 2 Kay Walton V
- 3 Dorothy Green #10
- 3 Joe Doyle #67
- 7 Jewel Crabtree V 2A
- 9 Donna Pflasterer #7
- 10 Pat Reese #104
- 15 Esther Bridges #106
- 17 Ginny Broeder #72
- 18 Marguerite Ditlevson J
- 21 Denie Mills H
- 22 Beverly Crabtree V 2A
- 23 Barbara Buff #18
- 24 Elizabeth Doyle #67
- 26 Mildred Patterson FF
- 27 Pat Wolf #52
- 27 Dean Williams #109
- 28 Helen Case #49
- 28 Juanita Hood #211

RESIDENT ANNIVERSARIES

JUNE

- 1 Beverly & Jewell Crabtree . V 2A
- 4 Joan & Ken Tebbe #118
- 6 Jack & Sally Davidson V 5B
- 13 Helen & Chuck Case #49
- 15 Thelma & Peter Koscak D
- 25 Lorrie & Steve Burkey #57
- 30 Randy & Cindy Meredith . V 4B

EMPLOYEE BIRTHDAYS — MAY

- 16 Chris Iudice
- 23 Lisa Gregory
- 31 Lavinia Brown

EMPLOYEE BIRTHDAYS — JUNE

- 5 Iveta Pucka
- 18 Erika Davis
- 29 Pat Rains

Janna Russell chosen as the Manor Employee of the Month for February, 2013

Janna Russell was named our February Employee of the Month by her peers. Janna has been an LPN for 13 years. She is married to David, they have 2 children, their son Brayden who is a senior this year at Nixa High School and their 2 ½ year old daughter Katlyn. Prior to working at the Manor, Janna was a stay at home mom. Janna has worked at the Manor for 1 1/2 years. When her co-worker was asked what is the best thing about having Janna for a charge nurse, Bobby was quick to respond “She is always helping us out and is very friendly”. When asked what her favorite thing is about working at the Manor, Janna replied “There are so many things I enjoy here, but if I had to pick one thing, it would be the residents.” We are truly blessed to have Janna assisting the residents in our 300 neighborhood. Thanks Janna for all you do!



Michael Parrish chosen as Manor Employee of the Month, March 2013 and Employee of the Quarter

Michael Parrish was named our March Employee of the Month and then went on to be named our Employee of the Quarter by his peers. Michael has worked at the Manor for almost one year. He has been a CNA for 12 years. Michael has been married to Candy for 18 years, they have 2 children Mindy & Tony. When asked what his favorite thing is about working at the Manor he stated “taking pride in making the lives of my residents better. If I can make them smile, make their day just a little better that is what makes me smile”. A favorite story about Michael came from a family member who said that when Michael was leaving their room, they told him “thank you” and he always replied “My pleasure”. That is just one of the reasons we are so thankful Michael is here at the Manor caring for our residents. It is our pleasure, Michael, to award you The Employee of the Quarter.



MANOR RESIDENT SPOTLIGHT

Ed and Mary Howard

Ed and Mary Howard first met when a group of Mary's friends needed a ride to a church service. Ed, having a car, was elected to pick them up and drive them to church. That was August 10th, 1959 and the first time Ed laid eyes on Mary. He knew from that first meeting that she was someone special. He called her the next day and invited her to the movies. Their favorite hangout was "Taylor's Drive-In". After dating for a little over a year, Ed picked up Mary to go to the Gillioz Theater. Ed was so excited to give Mary her ring that he asked her right in the car. That was December 7, 1960; they set a date, August 10th, 1961, exactly 2 years since their first date. Their wedding was held on August 10, 1961 and, according to Mary & Ed, one of the hottest days of the summer, in the Stone Chapel on Drury's campus, where Ed graduated in 1959. Their pink & white wedding was attended by a maid of honor & best man with 2 bridesmaids & 2 groomsmen, along with a flower girl and ring bearer. It was a large wedding, officiated by A.T. Mahaney. Their reception was held at the Fountain Plaza, which became Burge Hospital, now Cox North. After a weeklong honeymoon on Table Rock Lake Resort, in an A-Frame cottage, it was back to Springfield and the start of their marriage and their careers.

Ed worked as a teacher for 4 years at Clever High School teaching English. From there he went on to 16 years at Study Jr. High where he was an English teacher and he started teaching Special Ed. After 16 years he finished out his teaching career at Kickapoo high school, where he was affectionately called "Special Ed". He also taught at OTC for 42 years as a Reading, Writing and Arithmetic teacher for students getting their GED.

Mary started her career at Dayco-Spring Day Rubber Company as a Secretary to the Plant accountant; she worked there for 16 years. She then went to work for the Springfield Public School system as a volunteer so



she could spend time at home with their son, John, the light of their lives. After working at the Springfield Public Schools in the Curriculum Materials Department, she went to work for City Utilities.

During her tenure at City Utilities, Mary worked for 10 years as a secretary for the accounting, purchasing and electrical/engineering departments. She then worked 11 years as an Electrical Dispatcher. There she was fondly called "Mother Mary" by the "Trouble men". She would dispatch them to trouble shoot a line or an electrical problem. Mary states of all her jobs that was by far her favorite. Some of the "Trouble men" were known to go back to City Utilities and make a payment on account for some families, if it were either very cold or hot, so their electric services

would not be disconnected.

Ed and Mary have been active members of the Central Christian Church since 1969. After Ed & Mary retired from their careers they became very active in Drury Girls' Basketball. They have been in the booster club since 1978. Mary was recently honored by the Drury Girls Basketball Team, making her an honorary member. They often traveled with the girls' team, which took them all over the United States, including California. With the boys' team they traveled to Hawaii, California and Las Vegas.

The Howard's son, John has been married to Teri for 21 years, they have a son Ethan who is 11 and their daughter Jasmine is 8. The Howard's are very proud of their children and grandchildren. John is the Director of Technology for the Republic School System. Teri is a Middle School teacher with the Republic Schools and she just completed her Master's Degree in Counseling at Evangel University.

The Howards have led an exciting life, and when asked one final question, what was their favorite thing about each other, Mary, stated, "Thru the years her and Ed have always said to each other "It's you and me babe". Ed, said "Mary is, and always will be, my sweetheart". "Needless to say we are very proud of our family, including Missy the cat who was an important part of our lives for 21 years." What a fantastic couple.

We are so thankful and blessed they have chosen to call the Manor home.

First Annual Sock Hop

April 17th we had over 25 students from Drury University, Zeta Tau Alpha Sorority & their fraternity come and joined our residents in our first annual



“Sock Hop”. We were entertained by “The Denzil Jonathan Band”.

We enjoyed moon pies, cracker jacks & coke. Ice Cream Sundaes were also enjoyed. Shirley & Juan were our King & Queen. Dixie was awarded best dancer and Bill won best dressed. All the winners went home with a bottle of coke!



Ice Cream, you scream, we all scream for Ice Cream Sundaes!



Flowers to brighten up the day

The ladies here at the Manor were blessed with a visit from Sarah, Megan & Caroline, who brought flowers they had made and then handed them out to our ladies. What a way to brighten up a gloomy day.



All of our ladies are Beautiful & Blessed and they are Who they are!



What could be more fun than arranging flowers in our courtyard on a beautiful spring day!

The Manor Calendar

ANOTHER YEAR YOUNGER

MAY BIRTHDAYS

- 10 Trudy Madden
- 11 Trassie Ball
- 11 Maxine Barnett
- 14 Dorothy Lemmon
- 15 Doris Barnes
- 30 Alene Brown

JUNE BIRTHDAYS

- 1 Meredith Burnett
- 2 Margie Akers
- 13 Arlene Rees
- 13 Irene White
- 16 Juanita Hammons
- 18 Jane Duff
- 18 Marion White
- 19 Inez Claxtion
- 19 Ed Howard
- 22 Billy Millsap
- 28 Joy Merrill
- 29 Marie Jones
- 30 Rose Marie Jones
- 30 Ingrid Schumacher

WELCOME TO THE MANOR FAMILY

- Trassie Ball
- Deval branson
- Jessie Calhoun
- Mary Davis
- Georgia Dobson
- Florene Harrison
- Ed & Mary Howard
- Jane Morse
- Ingris Schmacher

REMEMBERED FONDLY

- Betty Cunningham
- Warren Dickens
- Mildred Hillme
- Catharine Simkins
- Norma Watts

Best wishes to those who have completed their rehab stay at The Manor and returned home:

- Beverly Baright
- Doris Barnes
- Virginia Delano
- Peggy Dickens
- Harriett Eells
- Carolee Goddard
- Judith Hanna
- Elaine Huy
- Denver Johnson
- Myrtis Mills
- Daryl Peterson
- Helen Ray
- Lorene Rogers
- Hazel Tinsely
- Dorothy Tomason
- Vivian Turner
- Mansell Visick
- Beverly VonHolt
- Ophelia Woltman

On Friday, May 3rd we celebrated an early “Cinco de Mayo”, and enjoyed chips and salsa



LET US KNOW

Please call 417-831-3828 to let us know what sort of information you would like to see in future issues!

Administrative Staff

CREEKSIDE AT ELFINDALE

- Executive DirectorMikeal Loneman
- Office ManagerDebbie Church
- Resident Coordinator/Admissions..... Reta Cagle
- Marketing/Community Relations Denice Gage
- Hospitality Specialist Coordinator Michelle Alexander
- Executive Chef.....Jamie McGuigan
- Maintenance Director Steven Reed
- Life Enrichment Coordinator..... Kim Morelock

THE MANOR AT ELFINDALE

- Administrator..... Matt Gould
- Director of Nursing Peggy McGhee, RN, B.S.
- Admission/Social Services Jacqueline Presley, B.S.W.
- Medicare MDS Coordinator.....Kim Sanders, LPN
- Social Services Marcella Peck, B.S.W.
- Dietary Supervisor..... Theresa Gerald
- Housekeeping SupervisorJohn Robertson
- Laundry SupervisorPatricia Batson
- Life Enrichment.....Lori Hays
- Maintenance SupervisorRobert Hunter
- People Development Coordinator Mandy Wilks, B.S.
- Office Manager Tami Atkisson
- Nurse Liaison.....Gail Clay, RN
- Staff Development CoordinatorLesa Jackson, RN
- MDS Coordinator Sheila Snodgrass, RN, B.S.N
- Contributing WritersLori Hays and Kim Morelock
- Elfintales Editor Denice Gage

The Manor Activity Highlights

JUNE

- 1 2:30 – David Curtman in Concert
- 4 10:00 – Bible Study with Dr. Arthur Mallory;
3:00 – Music Therapy with Morgan
- 11 11:00 Hilton Griswold on Piano
- 15 10:00 – Acoustical Essays; 3:00 – Bingo
- 17 10:00 – Living Successfully with Sister Carol
- 22 10:00 – Lou LeBrun on accordion
- 26 3:00 – Resident Birthday Party
- 27 10:00 Second Baptist Choir

Keep watching the Daily Chronicles for more exciting activities in June!

CREEKSIDE & THE MANOR
AT ELFINDALE

1601 South Fort
Springfield, MO 65807
417.831.3828

1707 West Elfindale Street
Springfield, MO 65807
417.831.2273

www.vetterhealthservices.com/elfindale



Excellence in Living

ELFINDALE RETIREMENT COMMUNITY

Elfindale Retirement Community offers gracious living for adults 55 and older in central Springfield. Over 300 seniors choose to enrich their lives and call Elfindale home. We are proud to be situated on 62 beautiful wooded acres with wildlife and walking trails to give our residents a 'country-like' relaxed lifestyle.

Built on a reputation of quality, Creekside at Elfindale offers independent living choices with our cottages and lodge apartments. Our homes are well designed, our grounds are well maintained, our food is the best and our activities are second to none.

The Manor at Elfindale is located on the western edge of our campus providing 24/7 skilled nursing care. Well known for its high caliber of care, The Manor's all private rooms allow for Medicare rehabilitation, long term care and secure memory support for those in need.



Creekside at Elfindale Main Dining Room

FOR MORE INFORMATION OR CAMPUS TOUR PLEASE CONTACT:

- Creekside at Elfindale, Independent Living – Reta Cagle at 417-831-3828
- The Manor at Elfindale, Skilled Nursing Care – Jackie Presley at 417-831-2273
- www.elfindalretirement.com