

# ELFINDALE

RETIREMENT COMMUNITY

*Elfindales*

Volume 4 | Number 1 | January/February 2013

*Excellence in Living  
Creekside and The Manor at Elfindale*

**"Dignity  
in Life"**

**Quality Life**

**Quality Care**

**Excellent  
Teams**

**Outstanding  
Facilities**

**Quality  
Reputation**

**Stewardship**

## Word from Kimberley Lippelman Executive Director at Creekside



2012 was a year of much change at Creekside. At the beginning of the year, we began a long awaited renovation of our Ice Cream Parlor, only to discover some plumbing issues that would require extensive repairs. We first closed our kitchen, relocating to an apartment to prepare meals for approximately two and a half weeks! Following that, we temporarily relocated residents from both the lower South and North hallways for several week stretches, while we made repairs down those hallways. These moves requires much patience, cooperation, and teamwork from residents and team members alike and we were very proud once we were able to move everyone back and begin redecorating the hallways.

We also were able to renovate our Dining Room last year with new flooring, lighting, countertops, chairs, window treatments, artwork and accessories as well as adding space for walker/scooter storage and a beautiful new private dining room that seats 10.

We also saw many changes in personnel with some moving on to new opportunities and others retiring. We celebrated 25 years in business

and were invited to cut a ribbon welcoming the next 25 years when we hosted our 25th Anniversary Open House in October. We were honored to be featured in the Springfield Business Journal in December, as well as receiving the "Best of the Ozarks" award for Best Retirement Community in 2012.

We look forward to 2013 and anticipate "learning from our experiences and building upon our successes" in the coming year. It is our sincere desire for Creekside to be "the choice" in Senior Independent Living, with a beautiful campus that is thriving and bustling with much activity. During the coming year, we will continue to pursue updating our buildings and beautifying our grounds so that people will continue to choose to come here to live. We have been challenged to make Creekside "World Class" and welcome your suggestions and ideas for things you would like to see and experience. We appreciate each of our residents very much and welcome 2013!

## Words from Matt Gould Administrator at The Manor



*W*ell, it is hard to believe that it's already 2013 but here it is. As we welcome in 2013, I reflect back on a few memorable events of 2012. It was a good year for The Manor at Elfindale. During the year we have welcomed new friends that now call The Manor home and celebrated when friends "graduated" from our excellent

Rehabilitation Department and returned to their home. We also had to say goodbye to some beloved residents when they answered God's call. They will be missed but will always live on in our hearts.

*continued on next page*

## Words from Matt Gould *continued from previous page*

We celebrated our 20th Anniversary with The Springfield Area Chamber of Commerce presenting us with a plaque commemorating the event that included World Class food prepared by our dietary team with some help from Chef Ed from the Home Office as well as our friends from Creekside. Jack Vetter, founder and CEO, was on hand to help us celebrate as well as several retired long-term team members Ann Cobb and Dovie Netherton.

We broke ground to start our newest additions, a state of the art 3,000 square foot therapy gym off the end of our short-term therapy unit; we are also redoing the courtyard and adding a putting green. A new larger chapel capable of seating 40 people and a new larger private family dining room and lounge area. The chapel will be graced with six 100 year old stained glass windows. Quite a feat when you look back 20 years ago and we were just a 66 bed facility! Now we are 100 beds and building on.

We were honored with being voted "The Best of the Ozarks" Skilled Nursing Home for the 4th year in a row, by the people

of Springfield and the surrounding area.

The Team at the Manor participated in many community projects. The residents competed in the Golden Age Games in Monett and took home the coveted Spirit Award! We participated in a little friendly competition with Maranatha Village in a Community Blood Drive. We rang the bell for the Salvation Army during the Christmas Season. The Team Members wore jeans on Wednesday, during December, to collect non-perishable items for Rare Breed, an organization for homeless teens.

As we look forward to 2013, I see a good year for The Manor, we will continue to learn and grow as challenges and opportunities are presented to us by this wonderful thing we call life. We will continue to serve our residents through our excellent team members and ensure their Dignity in Life by recognizing the value and worth that each person we are privileged to work with and care for. As you look to the year ahead my hope for you is that each one of you realizes that God holds each and every one of you in the palm of his loving hands and he will not let you down.

## Resident Spotlight Shines on Lola Shannon

While listening to Lola Shannon reminisce about her early days in Kansas one can easily be transported to a different time and place. Born in rural Hutchinson, Kansas, Lola Florence Smith was number seven of nine children. In days gone by families were larger, especially those who lived rurally. The children worked side by side with their parents and siblings in order to keep labor costs down and productivity up. When Lola spoke of her mother and how she taught school in a one room schoolhouse, I was reminded of one of my favorite childhood books, "Little House on the Prairie" by resident Missourian Laura Ingalls Wilder. Lola's life story could easily find a home between the pages of that well-loved book.

Lola's early life was filled with two kinds of harmony. She learned sharing and caring and the importance of good work ethic. Pair that with Christian morals and values and you have a recipe for beautiful music. Harmony was also created in a house filled with music. Most of her brothers and sisters, as well as Lola were musically inclined. From steel guitar, to drums and French horn her family could easily be part of the attractions on Branson's well known strip.

As a young girl Lola had a sense of adventure. After graduating high school she and a friend headed off to Business College in Denver, Colorado. When asked if she was scared leaving home, Lola smiled giving a sense of the adventuresome woman inside, a woman who was not afraid to step out of her comfort zone. After finishing

college, she returned home to Kansas where she married Garold West. To that union three children were born. Diane first, followed closely by Sandra and finally Gary.

Lola's life was not without adversity. She was widowed at the age of forty five. Knowing life goes on; she continued to set an example for her children by working hard and remaining positive. She was fortunate to marry again and spent several years with her husband Mike Shannon before he passed away. She credits her Christian upbringing and continued faith in God for her love of people and her dedication to helping others. She worked a number of years in the health field, first in Albuquerque and then later at Shawnee Mission Medical Center in Overland Park, KS. Lola knows the real meaning of "multi-tasking." She worked in a medical office and did everything from scheduling to book and record keeping.

Lola has been a resident of Creekside since 2005. She toured several facilities but chose Creekside for its beautiful scenic campus and homelike atmosphere. You can find Lola volunteering in the library. Being an avid reader it is only natural that she would feel at home among all those books. When asked if she had any words of advice she paused a moment and said "Keep reaching for your goals, have an open mind and keep striving" After meeting Lola I can say that her advice is sound and that she is a living testimony for what she believes.



# Welcome Kim Morelock

I thought it important that I begin my introduction by quoting my favorite scripture from Hebrews. "Now faith is the substance of things hoped for the evidence of things not seen" In simple terms, it is confidence in what we hope for and assurance about what we do not see. Very appropriate for my new year.....starting a new position with lots of hope and enthusiasm. I am confident with that being said with your help we can make 2013 the best year yet.

My name is Kim Morelock. I will be going by Kim for convenience sake. The only time I was Kimberly at my house is when I was in a bit of trouble so Kim will be just fine! I am happily married to my soul mate, his name is Jack. We have been married for 18 years. I am blessed to be "mom" to a precocious 12 year old boy. His name is Brendon. We also have a variety of

pets that make my home seem like Noah's Ark at times. My hobbies include gardening, creative writing, reading for pleasure and horseback riding.

I currently reside in Marshfield, but we are looking to relocate to Springfield. I am a graduate of Southwest Baptist University with BA in Communications/Education. The majority of my working life has been in education, ages 2-102. I have also held positions in the healthcare field with an emphasis on optometry and alternative health /chiropractic. Faith and Family are two of the most important areas of my life. My goal is to bring laughter and positive energy to my new position at Creekside. I hope to help enrich your lives, as I know you in turn will enrich mine.



## Creekside Employees of the Month

Congratulations to Erica Gail Davis, Dietary, November Employee of the Month, Arlow Brown, Transportation, and Stewart Bach, Life Enrichment, December Employee of the Month.



## Creekside Calendar

### WELCOME NEW CREEKSIDE

#### RESIDENTS

- Jackie Cooney . . . . . #217
- Clem & Arthur Ritchey . . . . . Q
- Robert Langston . . . . . #112
- Warren & Peggy Dickens . . . . . #129
- Al and Bettie Heatherly . . . . . X
- Barbara Buff . . . . . #18

#### RESIDENT BIRTHDAYS

##### JANUARY

- 7 Norm Redpath . . . . . #209
- 24 Lorrie Burkey . . . . . #57
- 26 Bonnie Pusateri . . . . . R 9B
- 27 Janet Anderson . . . . . #65
- 27 Clara Bess Eikner . . . . . #33
- 29 Wanda Crane . . . . . S

- 31 James McGee . . . . . N
- 31 Don Cox . . . . . V5-A

#### FEBRUARY

- 5 Elizabeth Chadwell . . . . . V2-B
- 6 Bert Kappen . . . . . CC
- 7 Donna Jones . . . . . DD
- 8 Vivian Turner . . . . . #208
- 11 Priscilla Paul . . . . . V1-E
- 16 Betty Smith . . . . . M
- 16 Ruth Kelly . . . . . V1-C
- 23 Pat Graham . . . . . #70

#### RESIDENT ANNIVERSARIES

##### JANUARY

- 3 Kay and Lyle Walton . . . . . V
- 4 Bill & Bettye Lord . . . . . R 8-B
- 16 Marcie & Norm Redpath . . #209
- 30 Janet & Neal Anderson

#### FEBRUARY

- 12 Bob & Lori Stallcup . . . . . W
- 14 Donna & Paul Pflasterer . . #71
- 25 James & Mildred McGee . . . N
- 25 Pat & Dan Graham . . . . . 70

#### EMPLOYEE BIRTHDAYS

##### JANUARY

- 3 Kimberley Lippelman
- 9 Debbie Church
- 11 Alesha McCool
- 13 Stephanie Fortner
- 22 Casey Reed
- 26 Josie Diekemper
- 29 Erica Davis

##### FEBRUARY

- 10 Margie Shull
- 19 Steven Reed

# Creekside Activity Highlights

## JANUARY

30th 6:30 Family Feud  
31st Divine Dining

## FEBRUARY

1st Wear Red in Honor  
of National Heart  
Awareness

8th Bubble Blowing  
Contest  
3rd Super Bowl Party  
4th Current Events and  
USO Memories

12th Fat Tuesday  
14th Valentine Dinner  
19th Dinner Club Italian  
23rd American Band Stand  
Night

## Cup of Christmas Tea

*"On Christmas Day at half past three make yourself a cup of tea. I'll think of you,*



*you think of me, sitting near the Christmas tree."*

Residents of Creekside gathered on December

21st to enjoy a cup of Christmas tea while resident Helen Case read "A Cup of Christmas Tea" and "Memories of Christmas Tea". After enjoying these uplifting and spirit-warming stories, attendees discussed their own fond Christmas memories and traditions, relishing in the spirit of the Christmas holiday.

## Central High Cabinet Performance

There are many ways to bring in excitement near Christmas. On December 14th the Central High Cabinet visited Creekside for a Holiday Performance. With acts ranging from vocals, guitar, and even dancing, the trope of students displayed their great talent and helped to bring joy for the holiday.



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## Christmas Party

*As everyone knows, Christmas sweets can only be enjoyed thanks to a long process of cooking and preparing. For the Creekside Resident Christmas*



Party, everyone took some time to remember the fun in the prep work by decorating their own Christmas sugar cookies. After coating the treats with icing and sprinkles was completed and the culinary masterpieces were consumed, David

Curtman put on a wonderful holiday performance to help usher in the Yule Tide cheer!

## Chef Jamie offers a cooking class to Creekside residents!



## Ring in the New Year!



## Manor October Employee of the Month

Bryan Doss was voted by his team members to be our October Employee of the Month. Bryan has worked at the Manor for 2 ½ years in our Maintenance Department. Prior to working at the Manor, Bryan worked at Manor Care. Bryan has a 4 year old son, Dane. He recently became a “doggy dad” to Super Cooper his talented beagle puppy. When Bryan is not working he enjoys hunting, fishing and camping. Lately his major project is remodeling his new home. When asked what the best part of working at The Manor, Bryan stated “Being able to go into a resident’s room and fix something for them, seeing the appreciation on their face is the only thanks I need.” The Manor is very lucky to have Bryan here, rain, sleet or snow.



## Manor November Employee of the Month

Derrick Sutherlin was voted by his team members as our November Employee of the Month. Derrick has worked at the Manor for 1 ½ years in our Dietary Department. Derrick was in St. Louis working when he re-connected with his high school sweetheart Cory. He followed her to Springfield, where Cory has been working as a teacher for 12 years, 11 years at Portland School, and just recently transferred to Pittman. They have been married for 2 ½ years. When Derrick is not working, he enjoys playing with his 2 “snoodle” dogs. He is also an avid movie buff, enjoying old movies. His “go to” dish when cooking is Chicken Marcella and Almond Crusted Tilapia. Derrick says, “The best thing about working at the Manor is working with a great dietary team.” The Manor is very thankful to have Derrick on our dietary team.



## Manor Activity Highlights

### JANUARY

30th 3:00pm Norm Nibert on his player piano  
31st 3:00pm Birthday Party with David Curtman

### FEBRUARY

2nd 2:30pm David Curtman in concert  
3rd TBA Super Bowl Party

5th 4:00pm BINGO with New Covenant Academy  
6th 10:15am Gospel Principals with Jay  
11th 10:00am Living Successful with Sister Carol  
14th 10:00am Springfield Regional Opera  
14th 3:00 pm Valentines Day Party  
16th 10:00am Lou LeBrun on Accordion  
18th 10:00am President’s Day Trivia  
28th 3:00pm Birthday Party with David Curtman

## The Manor Calendar

### ANOTHER YEAR YOUNGER

#### JANUARY

1 Imogene Walker  
5 Tom Wrenn  
10 Faye Moon  
21 Ruby McNabb  
24 Louise Wammack  
26 Catharine Simkins  
28 Hazel Tripp  
29 Pat Delano

#### FEBRUARY

1 Mary Blankenship  
5 Helen Heaton  
8 Patricia Thompson  
9 Helen Burbury  
12 Carol Cannon  
12 Harriett Eells

14 Lowell Maroney  
17 Arch Pummill  
25 Jack Sachs

### WELCOME TO THE MANOR FAMILY

Marjorie Bandy  
Rose Marie Boone  
Helen Burbury  
Pat Delano  
Donna Evans  
Beulah Mellenbruch  
Elizabeth Turner  
Ruth Turner  
Vinona Watkins  
Mary Worrel

### REMEMBERED FONDLY

Marjorie Breedlove  
Florence Johnson

Ruth Newman  
Virginia Patterson

### Best wishes to those who have completed their rehab stay at The Manor and returned home:

Marorie Bandy  
Mary Bloomer  
Mary Ann Cantwell  
Elsie Foster  
Ella Glidewell  
Leo Hughes  
Helen Jernigan  
Mildred McGee  
Peggy McSpadden  
Colene Moore  
Edna Sweaney  
Mary Teague  
Vinona Watkins  
Joan Woldruff

## THE MANOR RESIDENT SPOTLIGHT

# Alene Robertson Brown

Alene was born May 30, 1927, in Ozark County Missouri, in a town so small it's not on a map. The town was "Longrun." Her parents were Fred Thomas Robertson and Lulu Viola Stockton-Robertson, both Missouri natives. She was one of seven children, being in the middle of four brothers and two sisters. She was closest to her older sister who was the oldest of the children.

They never had any pets growing up. Her dad had fox hounds that he used for hunting, but they were not "pets" As children they would play hide & seek, "Annie Over" and other outside games. They used their imagination and made up games. "Annie Over" was a game where they would have teams on each side of the house. One person would throw the ball over the house and who ever caught the ball had to run to the other side of the house and tag someone.

Her mother made all their clothes and the girls only wore dresses. Her chores were to help with the household. She lived in the country, but not on a farm. Everyone pitched in to milk their cow for their own milk.

For Christmas, they made popcorn balls and hung stockings up. They got fruit in their stockings. They didn't put up a Christmas tree. She said they never bought a turkey for Thanksgiving when she was growing up. They had a garden and that provided the majority of their food.

She remembers the start of World War II. They didn't have a TV or newspaper, news was sometimes hard to learn. Alene remembers when TV was first invented. She said things are different now than when she was growing up. As a teenager, she'd hang out with neighbor kids and play softball. As for fads in clothing, she wore what she was given. She never liked her clothes because they were hand me downs.

## Wearing Jeans for a Good Cause

The team at the Manor was able to wear jeans on Wednesday, if they brought something non-perishable, or a personal item to be donated to Rare Breed. Rare Breed is an organization that provides services to homeless teenagers. Great Team work, we were able to donate quite a lot!



Her brother taught her to drive, but she didn't have a car until she married at 19. She completed high school by taking correspondence courses because there was no bus that came out to their house to take her to school.

Her first job was caring for her grandmother here in Springfield. Her health was bad and she was a widow. Her grandmother needed her to stay with her and care for her. She also had a job at Woolworth 5 and 10 Cent Store. She then worked for SW Bell Telephone for most of her career as a switch board operator. She liked the money, but can't recall anything she didn't like about it.

She met her spouse in grade school. She liked him because he was such a good friend and the friendship turned into love. They didn't have a formal engagement. They both knew when they were young that one day they would marry.

They got married after he served his time in the Army, when she was 19, and he was 21. They were married in Springfield, at the minister's house. Her husband didn't like to travel, so after the Army they stayed in Springfield. She feels her best qualities are being caring, honest, and a good eye for decorating.

She is very persistent and it has served her well in anything she does.

After her husband passed away, Alene traveled for a while. She and a friend started a wallpaper hanging business. She kept the business for 10 years before finally retiring.

She enjoys her life at the Manor and you can find Alene exercising outside her room, doing leg kicks and walking to keep in shape.



## Spreading Christmas Cheer

The team at the Manor at Elfindale adopted a senior named Joseph, through the Southwest Missouri Office of Aging program "Santa's Little Helper". With his wish list in hand, we were able to collect the items he requested and deliver them to him on the 21st. We were blessed to be a part of his holiday!



# Santa Wishes the Residents a Merry Christmas



This year everyone who was nice & not naughty received a surprise visit from Santa. Santa stopped by to help pass out presents to the residents...and no one received coal in their stocking!!



## Happy New Year

We rang in the New Year, with cheese & crackers, toasted ravioli, spinach dip, chips & salsa and fried cheesecake bites (yummy) we also enjoyed music by David Curtman and Andrea, our Life Enrichment Assitant, provided us with a meaningful toast. Happy New Year!



Enjoying the warm January weather!

### LET US KNOW

Please call 417-831-3828 to let us know what sort of information you would like to see in future issues!

## Administrative Staff

### CREEKSIDE AT ELFINDALE

Executive Director ..... Kimberley Lippelman  
 Office Manager .....Debbie Church  
 Resident Coordinator/Admissions..... Reta Cagle  
 Marketing/Community Relations .....Denice Gage  
 Dietary Supervisor.....Kimberly Lippleman  
 Maintenance Director ..... Steven Reed  
 Housekeeping/Laundry Supervisor..... Pat Nash  
 Life Enrichment Coordinator..... Kim Morelock

### THE MANOR AT ELFINDALE

Administrator..... Matt Gould  
 Director of Nursing ..... Peggy McGhee, RN, B.S.  
 Assistant Director of Nursing..... Tracy Glenn, RN  
 Admission/Social Services ..... Jacqueline Presley, B.S.W.  
 Social Services ..... Marcella Peck, B.S.W.  
 Dietary Supervisor..... Theresa Gerald  
 Housekeeping Supervisor .....John Robertson  
 Laundry Supervisor .....Patricia Batson  
 Life Enrichment .....Lori Hays  
 Maintenance Supervisor .....Robert Hunter  
 People Development Coordinator ..... Mandy Wilks, B.S.  
 Office Manager ..... Tami Atkisson  
 Nurse Liaison.....Gail Clay, RN  
 Staff Development Coordinator .....Lesa Jackson, RN  
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## Excellence in Living

### ELFINDALE RETIREMENT COMMUNITY

Elfindale Retirement Community offers gracious living for adults 55 and older in central Springfield. Over 300 seniors choose to enrich their lives and call Elfindale home. We are proud to be situated on 62 beautiful wooded acres with wildlife and walking trails to give our residents a 'country-like' relaxed lifestyle.

Built on a reputation of quality, Creekside at Elfindale offers independent living choices with our cottages and lodge apartments. Our homes are well designed, our grounds are well maintained, our food is the best and our activities are second to none.

The Manor at Elfindale is located on the western edge of our campus providing 24/7 skilled nursing care. Well known for its high caliber of care, The Manor's all private rooms allow for Medicare rehabilitation, long term care and secure memory support for those in need.



Creekside at Elfindale Main Dining Room

### FOR MORE INFORMATION OR CAMPUS TOUR PLEASE CONTACT:

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